

Megan Christine Govindan MPH, MS, RD, LD

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EDUCATION

In Progress	PhD	West Virginia University, Morgantown, WV Human & Community Development Farm to Institution practices in West Virginia
2009	MPH	West Virginia University, Morgantown, WV Practicum: Developing a nutrition education program for low income mothers: The Helping H.A.N.D. Cooking Club
2008	MS	West Virginia University, Morgantown, WV Animal and Nutritional Sciences Thesis: Youth health promotion in West Virginia: The Helping H.A.N.D. (Health Awareness & Nutritious Decisions) Program
2008	RD	Commission on Dietetic Registration
2008	LD	West Virginia Board of Licensed Dietitians
2006	BS	West Virginia University, Morgantown, WV Human Nutrition and Foods

PROFESSIONAL EXPERIENCE

Teaching Associate Professor –Human Nutrition and Foods

August 2013-present

West Virginia University Davis College of Agriculture, Natural Resources & Design • Morgantown, WV

Faculty Advisor for the WVU Food Recovery Network and Phi Upsilon Omicron

Undergraduate class instructor:

- HNF 472: Community Nutrition
- HNF 353: Foodservice Systems Management
- HNF 171 : Introduction to Nutrition

Curriculum Development:

- HNF 491: Professional Field Experience
 - o Food Systems Practicum
 - o Sports Nutrition Practicum
- HNF 412: Integrative and Functional Nutrition
- Online courses
 - o HNF 171: Introduction to Nutrition
 - o HNF 472: Community Nutrition

Dietetic Internship Preceptor

August 2017-present

Marshall University Dietetics Distance Internship • Huntington, WV

- Community Nutrition
- Culinary Medicine
- Institutional Food Service
- Nutrition Education

Instructor – Mid Block Workshop

August 2014-present

West Virginia University School of Medicine • Morgantown, WV

Rotation instructor for Year 3 medical students

- Med Chef Morgantown, Culinary Medicine Rotation

Dietetic Internship Preceptor

August 2015-present

West Virginia University Davis College of Agriculture, Natural Resources & Design • Morgantown, WV

- Community Nutrition
- Culinary Medicine
- Institutional Food Service

Director – Didactic Program in Dietetics

January 2012- August 2017

West Virginia University Davis College of Agriculture, Natural Resources & Design • Morgantown, WV

Accreditation Management and reporting – Accreditation Council for Education in Nutrition & Dietetics (ACEND) and the Commission on Dietetic Registration (CDR)

- Curriculum Review- Human Nutrition & Foods Undergraduate Program and Student Learning Outcome Assessment for
 - o Curriculum Development
 - Area of Emphasis: Dietetics
 - Minor – Nutrition & Food Studies
 - Sports Nutrition
 - Undergraduate Practicum
 - Graduate Dietetic Internship - Sports Nutrition Rotation

Teaching Associate Professor –Human Nutrition and Foods

August 2013-present

West Virginia University Davis College of Agriculture, Natural Resources & Design • Morgantown, WV

- Dietetic Internship Preceptor –Community Nutrition Rotation

Undergraduate class instructor:

- o HNF 105: Orientation to Human Nutrition & Foods
- o HNF 171: Introduction to Nutrition
- o HNF 300: Dietetic Internship Centralized Application Course
- o HNF 353: Foodservice Systems Management
- o HNF 472: Community Nutrition

- o HNF 498: Honors – Introduction to Nutrition Add-On
- Curriculum Development:
 - o HNF 212: Nutrition Across the Lifecycle
 - o HNF 491: Sports Nutrition Practicum
 - o Graduate Dietetic Internship - Sports Nutrition Rotation
 - o WVU School of Medicine:
 - Culinary and Lifestyle Medicine Track
- Faculty Advisor:
 - o Community of Interest Group: Culinary Medicine
 - o Phi Upsilon Omicron – Lambda Chapter

Director – Individualized Supervised Practice Pathway

May 2012—August 2015

West Virginia University Davis College of Agriculture, Natural Resources & Design • Morgantown, WV

- Developed dietetic supervised practice pathway for off campus students.
- Developed curriculum for use in Graduate Dietetic Internship
 - o Curriculum Development
 - HNF 505: Introduction to Supervised Practice
 - HNF 506: Introduction to Supervised Practice II
 - HNF 507: Dietetic Supervised Practice

Summer Camp Faculty Member

June 2013- present

West Virginia Health Sciences & Technology Academy

- Biomedical Camp 1 & 2
 - o Teacher Education
 - o Student Sessions- Nutrition Education, Cooking Matters at the Store, food access, food insecurity, urban gardening

Visiting Assistant Professor – Hospitality & Tourism

June 2013 - present

West Virginia University – College of Business & Economics • Morgantown, WV

- HTOR 491: Hospitality Management Internship
- Taziki's Mediterranean Café Summer Internship
- Fresh Hospitality Summer Internship Experience

Teaching Assistant Professor –Human Nutrition and Foods

August 2008-June 2013

West Virginia University Davis College of Agriculture, Forestry & Consumer Sciences • Morgantown, WV

- Dietetic Internship Preceptor – Helping H.A.N.D. Community Nutrition Rotation
- Member of Curriculum Changes Committee
- Member of Divisional Scholarship Committee
- Faculty Advisor for the Student Dietetic Association and Phi Upsilon Omicron

- Undergraduate class instructor:
 - HNF 171: Introduction to Nutrition
 - HNF 271: Contemporary Issues in Nutrition
 - HNF 353: Foodservice Systems Management
 - HNF 401: Senior Seminar
 - HNF 461: Nutrition Lab Experimentation
 - HNF 495: Independent Study
 - HNF 498: Honor's Nutrition

- Faculty Advisor: Student Association of Nutrition & Dietetics

Nutrition Consultant **August 2008- 2010**

West Virginia Board of Education

- WV Counties: Brooke, Marion, Marshall, Monongalia, Ohio, Preston & Wetzel

Nutrition and Wellness Consultant **August 2008- present**

The Shack Neighborhood House • Pursglove, WV

Clinical Dietitian **July 2008-August 2009**

Health South Rehabilitation Hospital • Morgantown, WV

- Inpatient and Outpatient dietetic services

Community Nutrition Educator **February-April 2008**

Healthy Together Network • Osage, WV

- Healthy Together Network – Scott's Run Settlement House

Helping H.A.N.D. Program Director • Morgantown, WV **June 2007-2009**

- Helping H.A.N.D. (Health Awareness & Nutritious Decisions) youth health promotion program
- Received 2007 General Mills Champions for Healthy Kids \$10,000 grant to implement program at The Shack Neighborhood House after school center.

Graduate Dietetic Internship **June 2007 – May 2007**

West Virginia University • Morgantown, WV

- Completed over 1,255 rotation hours in food service, food service management, community nutrition, clinical dietetics, and sports nutrition.

Graduate Teaching Assistant in Human Nutrition and Foods **Fall 2006-Spring 2008**

West Virginia University • Morgantown, WV

- HNF 171: Introduction to Nutrition
- HNF 472: Community Nutrition
- HNF 474 Nutrition in Disease

AWARDS

- Academy of Nutrition and Dietetics – Marianne Smith Edge Award - 2017
- Academy of Nutrition and Dietetics – Hunger and Environmental Didactic Practice Group – Award for Leadership in Hunger and Environmental Nutrition - 2017
- Empty Bowls Monongalia County – Service Award 2017
- West Virginia University – Women and Gender Studies: Alma and Claude Rowe Excellence through Equity Award - 2016
- Hunger and Environmental Nutrition Didactic Practice Group – Speakers Bureau Award 2016
- West Virginia University – Davis College of Agriculture, Natural Resources and Design – Outstanding Teacher -2011
- President’s Volunteer Service Award - 2010
- West Virginia Dietetic Association’s Outstanding Dietetic Intern – 2008
- West Virginia Dietetic Association Educational Scholarship - 2008

GRANTS

- United States Department of Agriculture - National Institute of Food and Agriculture - Food Safety Outreach Grant - 2018 (*\$148,462.00*)
- CSX Transportation Healthy Food Grant - 2016 (*\$10,000*)
- Share our Strength: Cooking Matters at the Store Grant - 2016 (*\$4,000*)
- West Virginia University - Choose to Change – Community Mini-Grant - 2013 (*\$1000*)
- American Dietetic Association – Kids Eat Right Grant – 2011, 2012 (*\$500*)
- General Mills Champions for Healthy Kids Grant - 2008 (*\$10,000*)

TRAINING

- Food Safety Preventive Controls Alliance: Preventative Controls for Human Foods (2018)
- Canned Foods, Principles of Thermal Process Control, Acidification and Container Closure (2018)
 - Acidified Foods
 - Closures for Glass containers
 - Flexible and semi rigid containers

SPEAKING ENGAGEMENTS

2018 WVU Extension Small Farms Conference: February 22, 2018

- Outlets for lower grade products - from seconds to success
- Food is Medicine

2017 WVU Food System Symposium: September 25th, 2017

- Farm to Institution

2017 West Virginia Academy of Nutrition & Dietetics - Annual Conference: April 2017

- Opportunities in Culinary Medicine

2016 WVU Food System Symposium: September 14th, 2016

- Food Systems efforts on campus

2011 West Virginia Small Farm Conference

- Food recovery opportunities for small farmers in West Virginia

PROFESSIONAL MEMBERSHIPS & SERVICE

• **Conscious Harvest Cooperative 2018-present**

- Board Member

• **Academy of Nutrition & Dietetics: 2006-present**

- Dietetic Practice Groups:
 - Dietetic Educators of Practitioners
 - Dietitians in Integrative and Functional Nutrition
 - Hunger and Environmental Nutrition
 - *State Lead: West Virginia*
 - Nutrition Educators of Health Professionals,
 - *Nominating Committee Chair 2012-2013*

• **West Virginia Academy of Nutrition and Dietetics: 2006-present**

- *President (Elect) 2018-2019*
- *Council on Professional Issues 2017-2018*
- *Council on Professional Issues (Elect) 2016-2017*
- *Chair: National Nutrition Month Committee: 2012 - 2016*

• **Phi Upsilon Omicron National Honor society: 2006-2008**

- Advisor: 2015-present

• **West Virginia Food & Farm Coalition: 2014 - present**

- Member: Food Access Working Group
- Member: Food Hub Working Group

PUBLICATIONS

Berry, M. **Govindan, M**, Verlinden, S. Taylor, R. Investigation into Composting Efforts at West Virginia University. West Virginia University, ProQuest Dissertations Publishing, 2018.

Fink, D. **Govindan, M**. Tou, J. Taylor, R. The Effect of an Interdisciplinary Healthcare Team on the Nutritional STatus of Elderly Patients in Acute and Post-Acute Care. West Virginia University, ProQuest Dissertations Publishing, 2018.

Haney, J. **Govindan, M.** Boone, D. Blemings, K. Managing diabetes in children with disabilities: best practices & barriers. West Virginia University, ProQuest Dissertations Publishing, 2008.

Bulian, K. **Govindan, M.** Blemings, K. Barnes, K. Successful aspects of nutrition-focused social marketing campaigns. West Virginia University, ProQuest Dissertations Publishing, 2014.

Govindan M. Youth Health Promotion in West Virginia: The Helping H.A.N.D. (Health Awareness & Nutritious Decisions) program. West Virginia University, ProQuest Dissertations Publishing, 2008.

Govindan M. Developing a nutrition education program for low income mothers: The Helping H.A.N.D. Cooking Club. West Virginia University, ProQuest Dissertation Publishing, 2009.

POSTER PRESENTATIONS

2011 WVU Community Medicine MPH Practicum Presentations at the Robert C. Byrd Health Sciences Center in Morgantown, WV: May 4th, 2011

- Nutrition education programs for women: A Review of selected approaches and models. M. Govindan

2009 WVU Community Medicine MPH Practicum Presentations at the Robert C. Byrd Health Sciences Center in Morgantown, WV: December 7th, 2009.

- Revision and expert review of the Dining with Diabetes curriculum for use with the general public. M. Govindan MPH Candidate

2008 American Dietetic Association's Food & Nutrition Conference & Expo (FNCE) McCormick Place West in Chicago, Ill: October 25th – 28th, 2008.

- Youth Health Promotion in West Virginia: Helping H.A.N.D. (Health Awareness & Nutritious Decisions) C. Fitch, PhD, RD, M. Govindan MS, LD-P

2008 WVU Community Medicine Student Poster Presentation at the Robert C. Byrd Health Sciences Center in Morgantown, WV: April 24th, 2008.

- Agricultural groundwater contamination and campylobacter resistance
M. Govindan MS

2007 University of South Florida 8th Annual Conference on Obesity at the Sheraton Sand Key Resort in Clearwater Beach, Fl: September 7th -9th , 2007

- Promoting health awareness and nutrition education to low-income children in West Virginia: Helping H.A.N.D. (Health Awareness & Nutritious Decisions) C. Fitch, PhD, RD, M. Govindan, BS, E. Vongxaiburana, MABMH

2007 WVU Extension Service Diabetes Symposium and Workshop at Embassy Suites in

Charleston, WV: October 24th-26th, 2007.

- *Healthy i* Diabetes Conversation Maps - diabetes educator training.

Revised 12/2018

